

# **Sodium Glucose Cotransporter-2 (SGLT2) Inhibitors Among Patients With and Without Diabetes:**

## **Collaborative Meta-Analysis of Large Placebo- Controlled Trials**

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on behalf of the  
NDPH Renal Studies Group &  
SGLT2 Meta-Analysis Cardio-Renal Trialists' Consortium (SMART-C)

# Disclosures

## Research Funding:

- Boehringer Ingelheim
- Eli Lilly and Company
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# Aims

- Collaborative summary data meta-analysis of the effects of SGLT2 inhibitors on:
  - A common composite kidney disease progression outcome
  - Acute kidney injury events
  
- Main aim: comparing findings in patients with versus without diabetes
- Subsidiary aims:
  - a) Any effect modification by primary kidney diagnosis (CKD trials only)
  - b) Predicted absolute benefits and harms in patients with & without diabetes

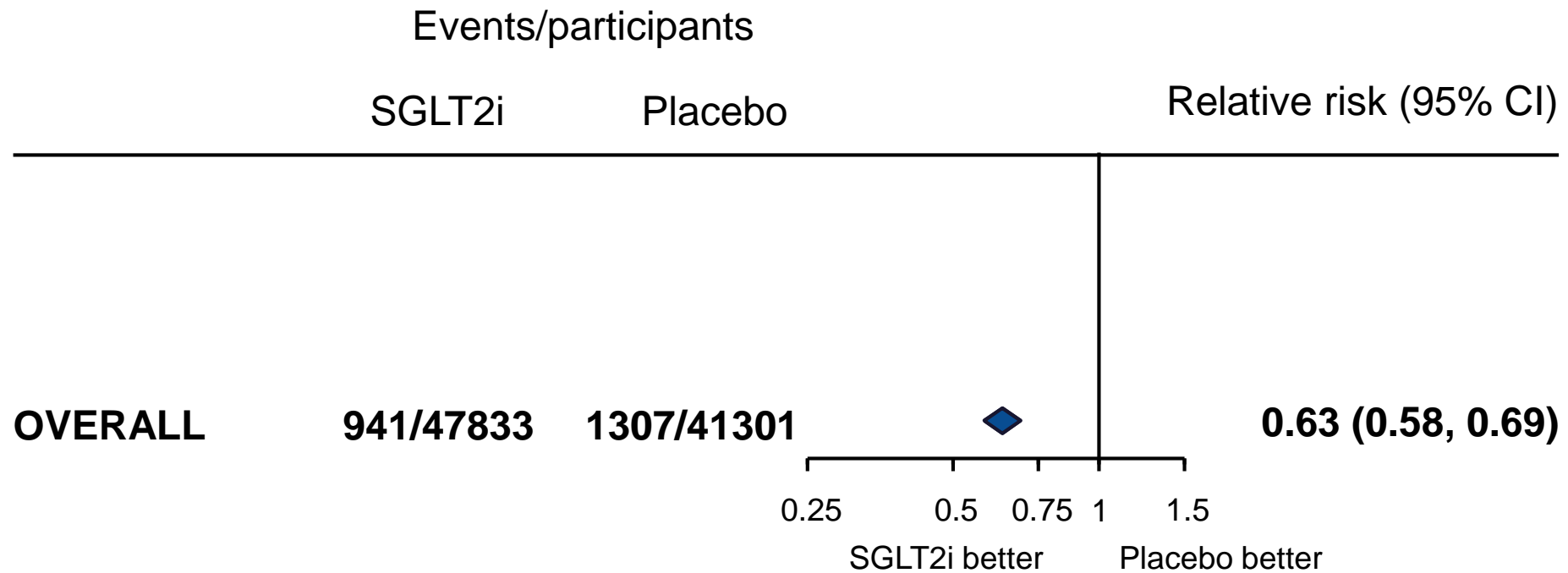
# Outcome definitions

- Kidney disease progression composite outcome
  - A sustained  $\geq 50\%$  eGFR decline from randomisation
  - Start of maintenance dialysis or kidney transplantation
  - A sustained low eGFR (e.g.  $< 10$  or  $< 15$  mL/min/1.73m<sup>2</sup>)
  - Death from kidney failure
  
- Acute kidney injury
  - Specific MedDRA Preferred Term

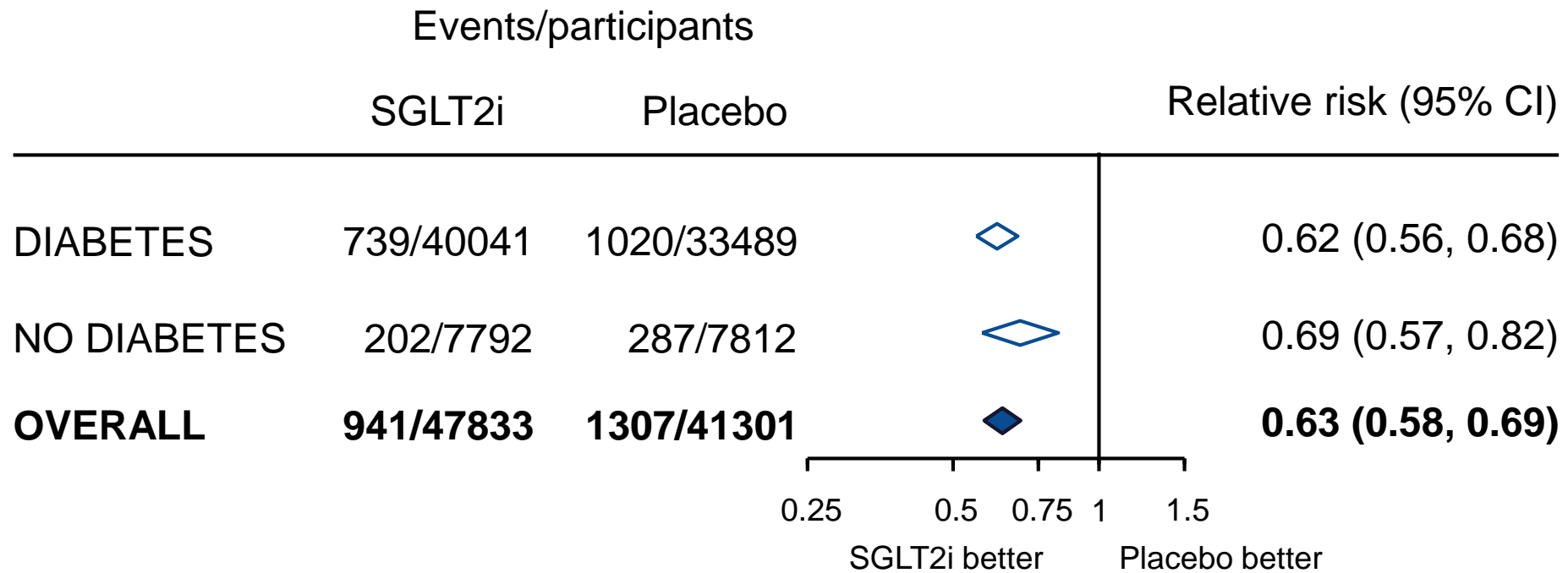
# Characteristics of 13 included trials

Population	Trials	Mean eGFR, ml/min/1.73m <sup>2</sup> (range)	Median follow-up, years (range)	Number (%) without diabetes	Total participants
Type 2 diabetes & high CV risk	4	74-85	3.0-4.2	0 (0%)	42,568
Heart failure	5	50-66	1.3-2.6	10,985 (50%)	21,947
Chronic kidney disease (CKD)	4	37-56	0.8-2.2	4968 (19%)	25,898
<b>TOTAL</b>	<b>13</b>			<b>15,953 (18%)</b>	<b>90,413</b>

# Kidney disease progression

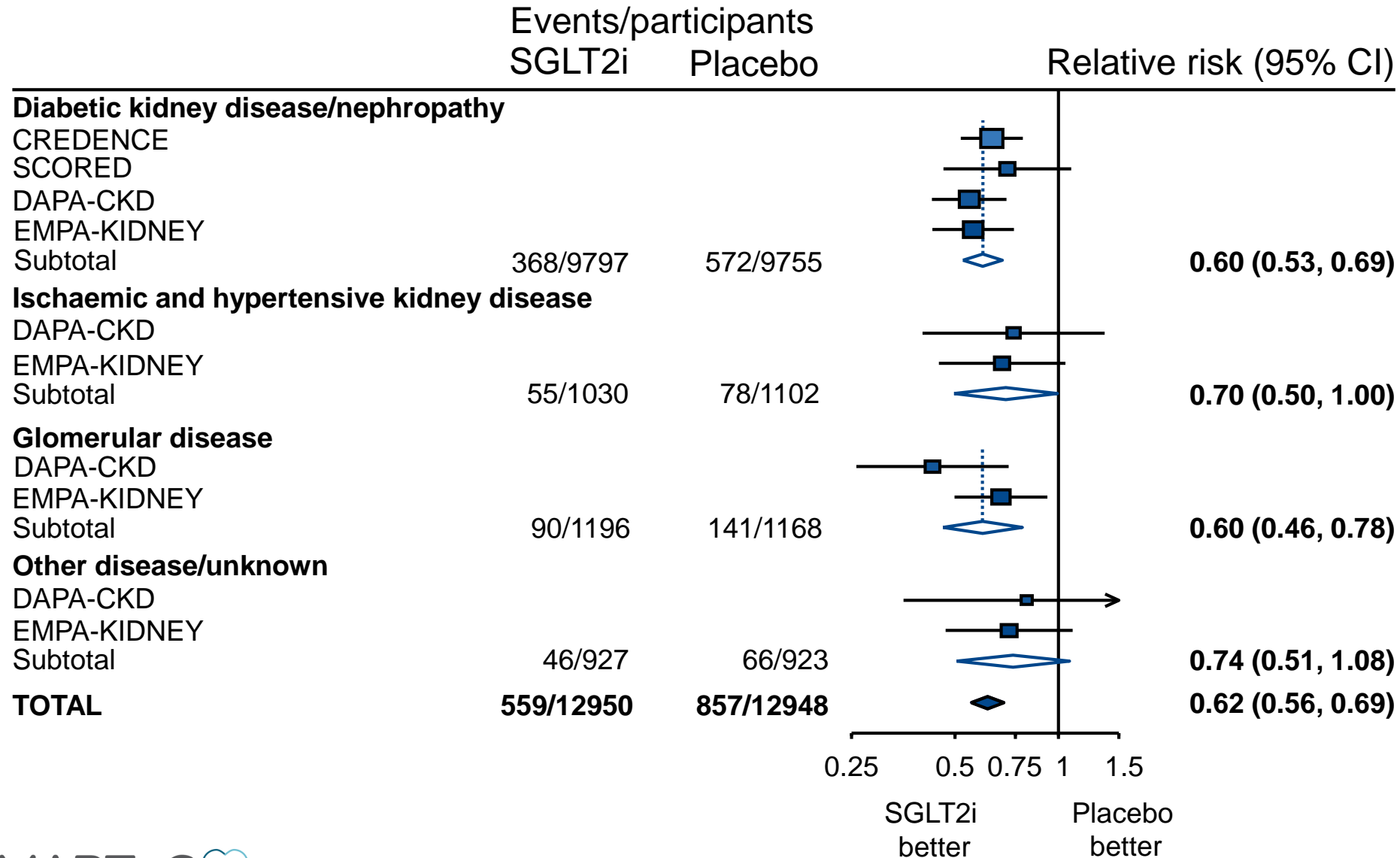


# Kidney disease progression



Heterogeneity by diabetes status: p=0.31

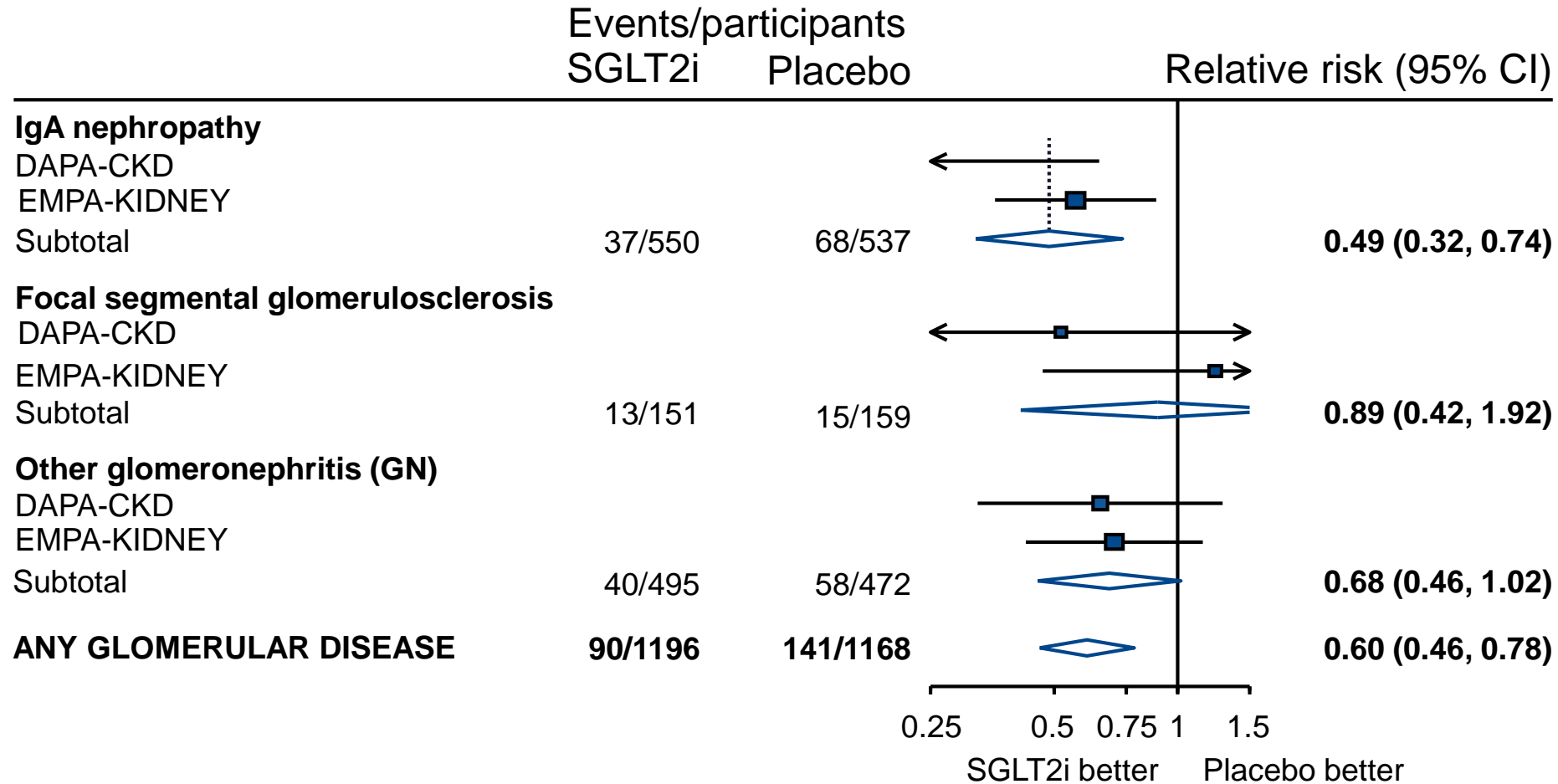
# Kidney disease progression: by DIAGNOSIS



Heterogeneity across groups of primary kidney disease: p=0.67

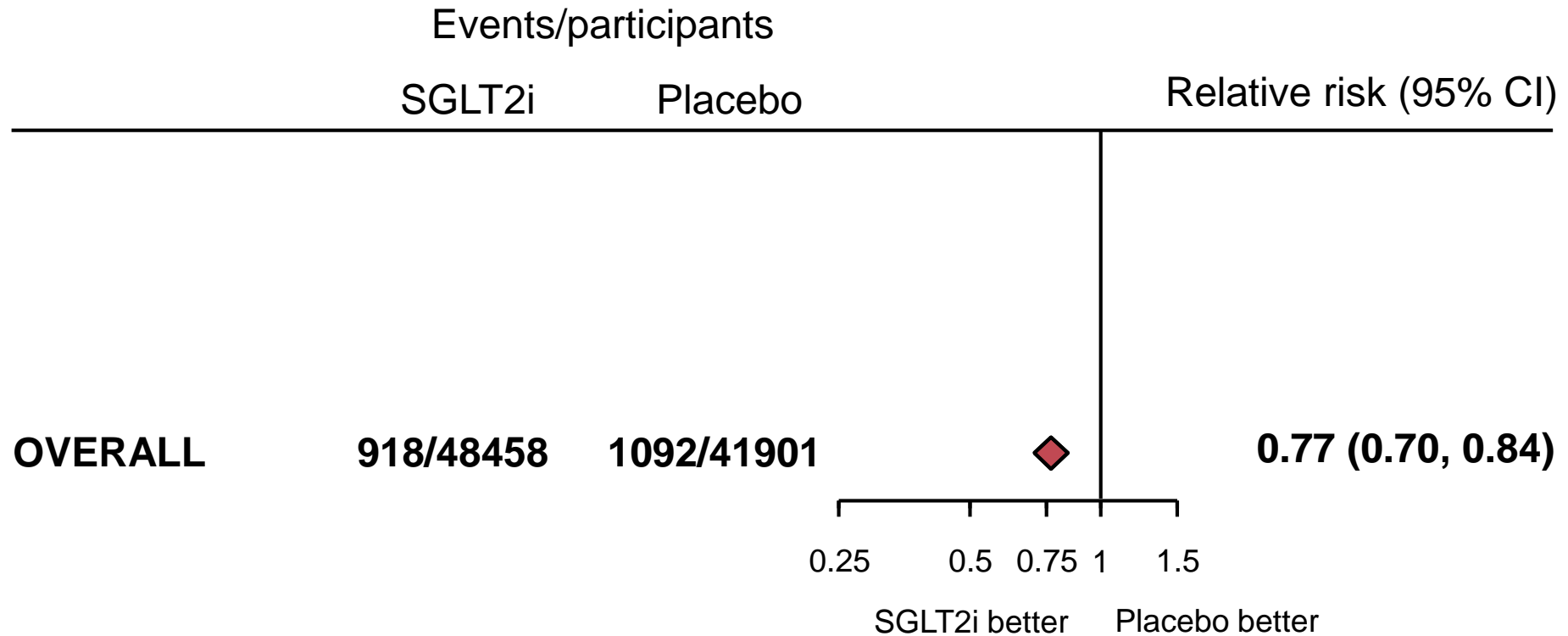


# Kidney disease progression: by GN

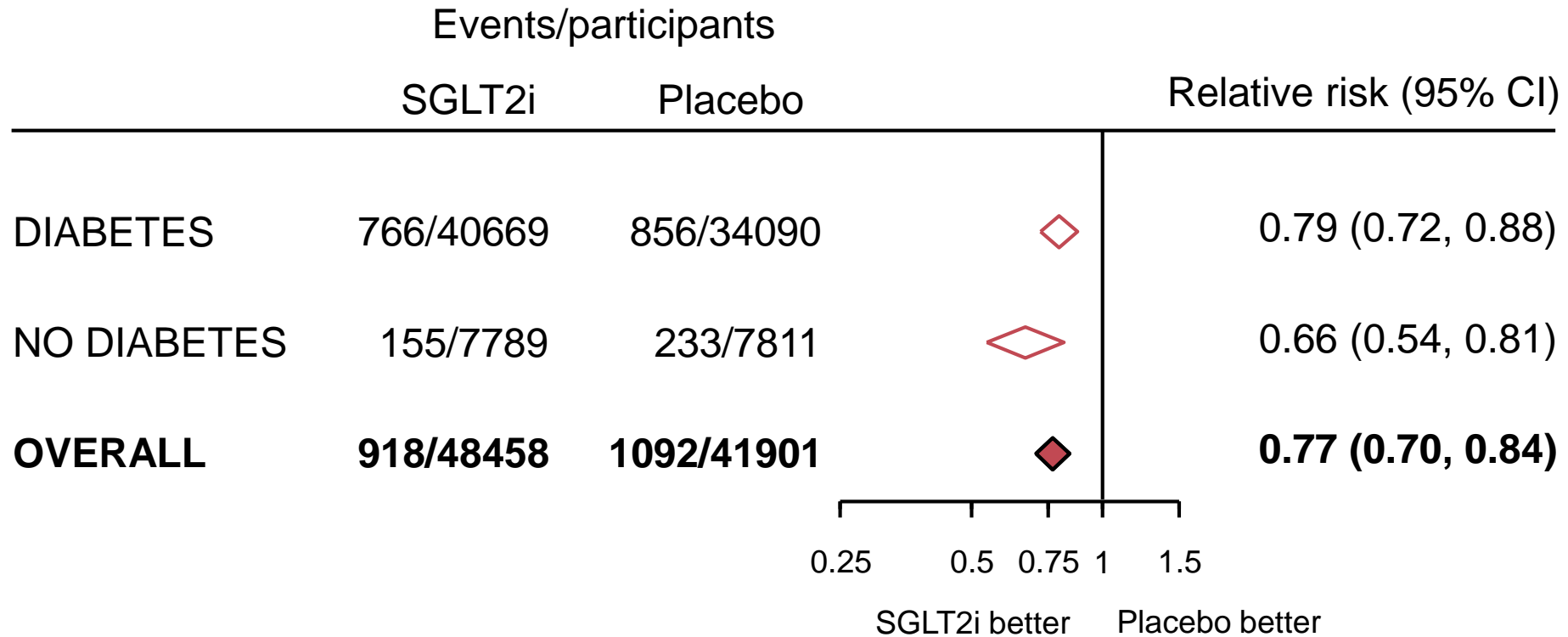


Heterogeneity across three subtypes of glomerular disease: p=0.30

# Acute kidney injury

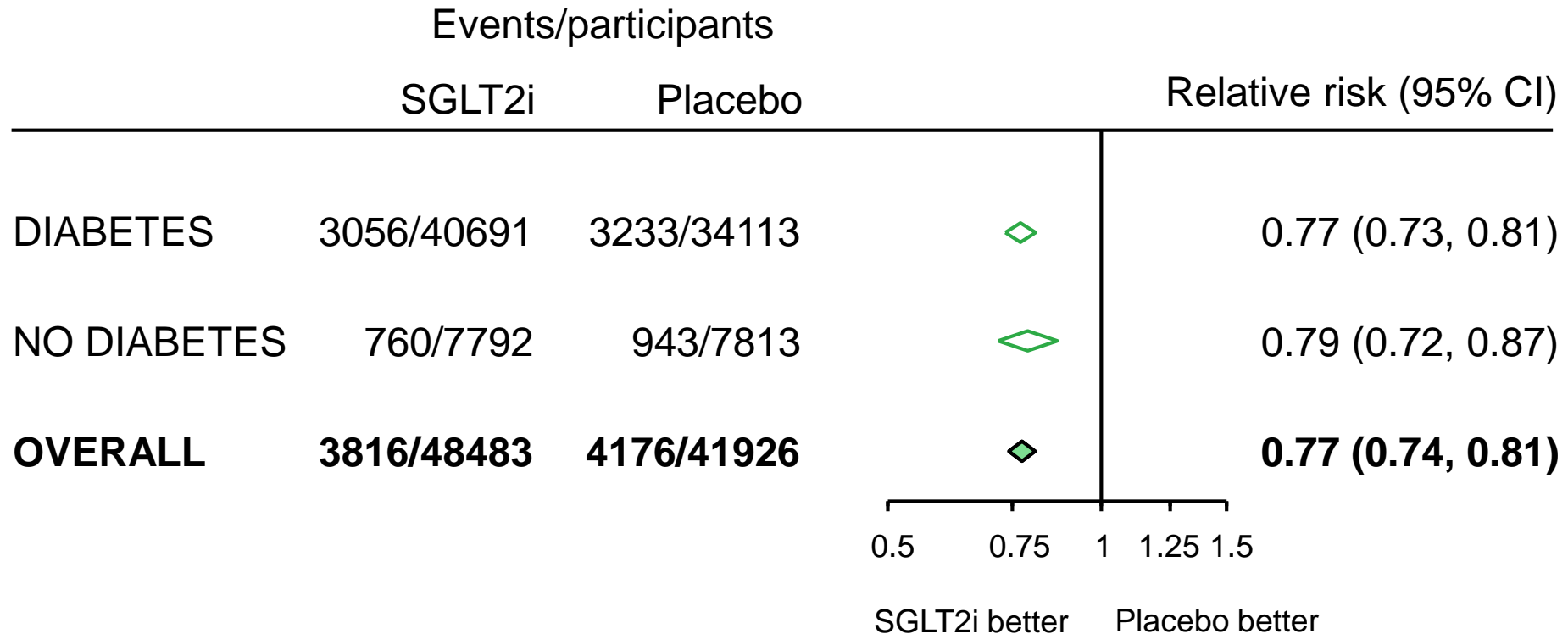


# Acute kidney injury



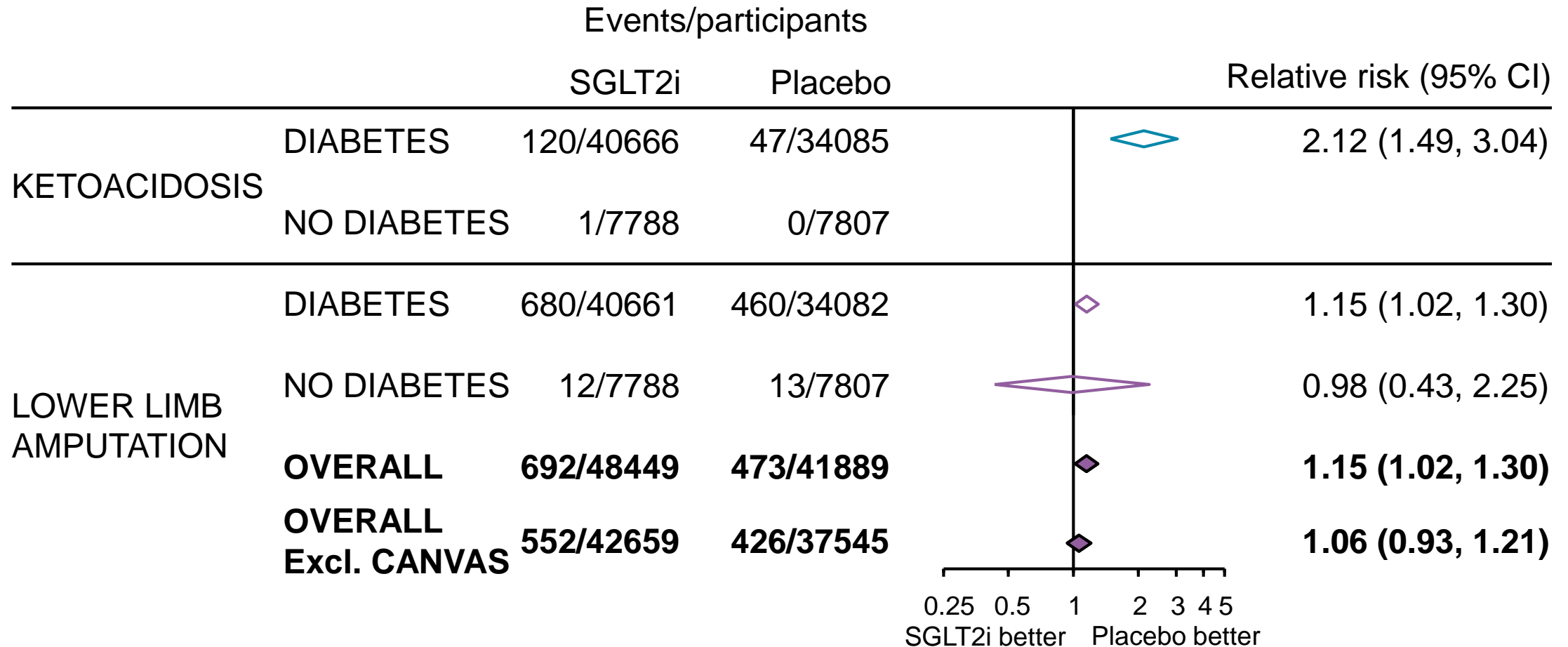
Heterogeneity by diabetes status:  $p=0.12$

# CV death or hospitalisation for heart failure



Heterogeneity by diabetes status:  $p=0.67$

# KETOACIDOSIS & AMPUTATION

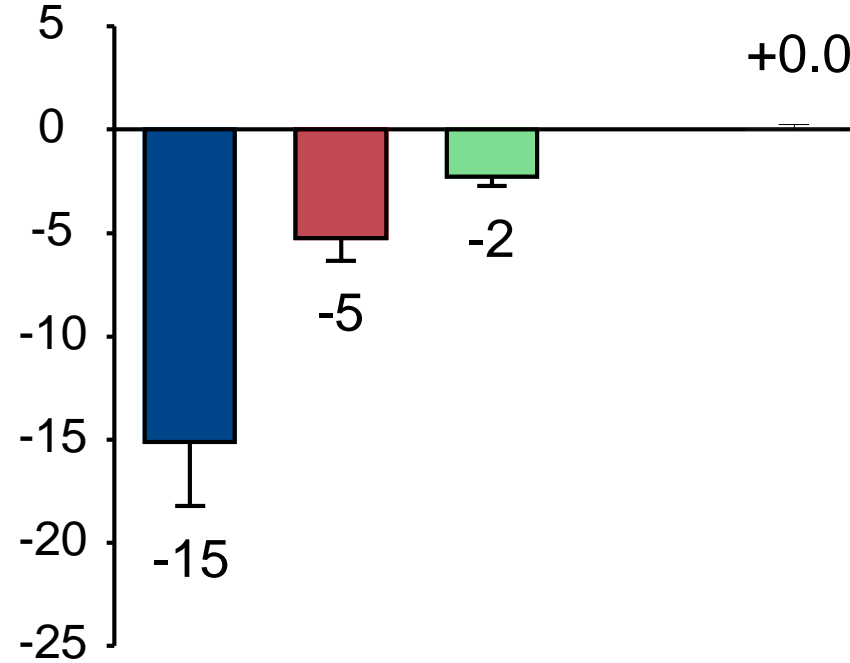
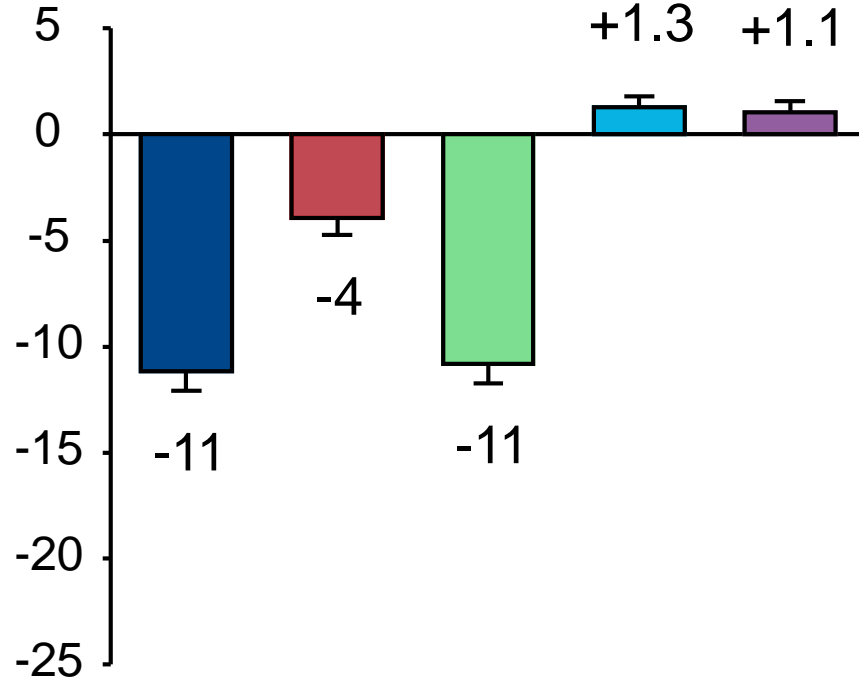


# Predicted absolute effects per 1000 pt years

## CKD with diabetes

## CKD without diabetes

Events avoided/caused per 1000 patient years (SE) in SGLT2i arms



- Kidney disease progression
- Acute kidney injury
- CV death or hosp. for heart failure
- Ketoacidosis
- Lower limb amputation

Mean eGFR: 46

Mean eGFR: 40

# Conclusions

- In the studied populations, SGLT2 inhibitors safely reduce risk of kidney disease progression & AKI irrespective of diabetes status
- These relative benefits do not appear to be modified by primary kidney diagnosis
- Absolute benefits exceed harm in patients with CKD

Thank you to all the trial participants and collaborators

Full details will be published on Sunday 6<sup>th</sup> November:

# THE LANCET

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